

Community Outreach Group, Inc. (COG) in Monmouth County is a nonprofit that provides basic needs assistance to low-income families and individuals in the community. We are a 501(c)(3) organization. Our mission is to help people in need by providing clothing, food, housing, and utility assistance to those who may not have the means to provide for themselves and their families.

COG HH GOODS HELP BAG Items Needed to help our community in need - 22 families in 2024.

- aluminum foil
- plastic wrap/cling wrap
- liquid kitchen or bathroom cleaner (no clorox)
- liquid dishwashing detergent
- liquid laundry detergent /Pod Detergent packs
- shampoo
- conditioner
- toilet paper rolls (singles or any size package)
- bars of soap
- deodorant
- toothpaste
- female personal hygiene items